



# 10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

0000

Becker, Mark

00: die-windhunde

00: 15

00: 42.16 km

Marathon

0000:

Männer M35

000: 4:45:18

00: 8.83 km/h

0000: 6:46 min/km

00000/000: 141 (of 311)

00000/0: 133 (of 279)

000000: 3:02:44

00000: 19(of 35)

0000000: 3:26:19

0000

0000

000

| 000   | 00<br>km | 00<br>00 | 00<br>min/km | 00<br>- | 00<br>- | 00<br>0 | 00<br>0 | 000   | 000<br>km | 000<br>00 | 000<br>min/km | 00<br>- | 00<br>- | 00<br>0 | 00<br>0 |
|-------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|-----------|---------------|---------|---------|---------|---------|
| Runde | 5.27     | 33:45    | 6:24         | 26      | 10:24   | 173     | 12:02   | 5.27  | 33:45     | 6:24      | 3             |         |         | 139     | 3:12    |
| Runde | 5.27     | 33:28    | 6:21         | 25      | 8:52    | 165     | 11:45   | 10.54 | 1:07:13   | 6:22      | 2             | 2:34    |         | 134     | 23:47   |
| Runde | 5.27     | 33:19    | 6:19         | 24      | 8:31    | 143     | 11:04   | 15.81 | 1:40:32   | 6:21      | 2             |         |         | 134     | 34:51   |
| Runde | 5.27     | 34:33    | 6:33         | 20      | 9:02    | 145     | 11:45   | 21.08 | 2:15:05   | 6:24      | 2             |         |         | 134     | 46:36   |
| Runde | 5.27     | 35:39    | 6:45         | 20      | 9:35    | 140     | 13:03   | 26.35 | 2:50:44   | 6:28      | 2             |         |         | 134     | 59:39   |
| Runde | 5.27     | 37:43    | 7:09         | 19      | 11:24   | 141     | 15:11   | 31.62 | 3:28:27   | 6:35      | 2             |         |         | 134     | 1:14:50 |
| Runde | 5.27     | 38:21    | 7:16         | 15      | 11:15   | 117     | 15:09   | 36.89 | 4:06:48   | 6:41      | 2             |         |         | 133     | 1:29:59 |
| Runde | 5.27     | 38:30    | 7:18         | 18      | 11:52   | 124     | 22:45   | 42.16 | 4:45:18   | 6:46      | 20            | 3:43:35 |         | 139     | 3:51:56 |