



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

□□□□

Schmidt, Bernd

□□□: 4:48:01

□□: Geschwenda

□□: 8.75 km/h

□□: 339

□□□□: 6:50 min/km

□□: 42.16 km

□□□□□/□□□: 153 (of 311)

Marathon

□□□□□/□: 143 (of 279)

□□□□□□: 3:02:44

□□□□:

□□□□□: 19(of 47)

Männer M50

□□□□□□□: 3:29:07

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Runde	5.27	34:32	6:33	27	9:17	197	12:49	5.27	34:32	6:33	43	1:43	148	3:59	
Runde	5.27	34:44	6:35	30	9:43	192	13:01	10.54	1:09:16	6:34	43	1:30	143	25:50	
Runde	5.27	34:20	6:30	25	8:18	168	12:05	15.81	1:43:36	6:33	43		143	37:55	
Runde	5.27	35:47	6:47	26	9:51	174	12:59	21.08	2:19:23	6:36	43		143	50:54	
Runde	5.27	37:16	7:04	26	10:57	168	14:40	26.35	2:56:39	6:42	43		143	1:05:34	
Runde	5.27	38:23	7:17	22	11:06	153	15:51	31.62	3:35:02	6:48	43		143	1:21:25	
Runde	5.27	38:33	7:18	18	10:54	123	15:21	36.89	4:13:35	6:52	43		142	1:36:46	
Runde	5.27	34:26	6:32	11	8:48	57	18:41	42.16	4:48:01	6:49	19	1:18:54	149	3:54:39	