



# 10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

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Fahrner, Elke

□□: DVAG-Marathon-Team  
 □□: 78

□□: 42.16 km  
 Marathon

□□□□:  
 Frauen W40

□□□: 4:52:40

□□: 8.61 km/h  
 □□□□: 6:56 min/km

□□□□□/□□□: 168 (of 311)

□□□□□/□: 11 (of 32)

□□□□□□: 3:54:55

□□□□□: 3(of 3)

□□□□□□□: 3:54:55

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| □□□   | □□<br>km | □□<br>□□ | □□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ | □□□   | □□□<br>km | □□□<br>□□ | □□□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ |
|-------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|-----------|---------------|---------|---------|---------|---------|
| Runde | 5.27     | 34:33    | 6:33         | 3       | 8:20    | 14      | 8:20    | 5.27  | 34:33     | 6:33      | 3             | 8:20    | 20      |         |         |
| Runde | 5.27     | 35:03    | 6:39         | 3       | 8:12    | 13      | 8:12    | 10.54 | 1:09:36   | 6:36      | 3             | 16:32   | 20      |         |         |
| Runde | 5.27     | 35:34    | 6:44         | 3       | 7:21    | 12      | 7:21    | 15.81 | 1:45:10   | 6:39      | 3             | 23:53   | 20      |         |         |
| Runde | 5.27     | 35:57    | 6:49         | 3       | 6:43    | 12      | 6:43    | 21.08 | 2:21:07   | 6:41      | 3             | 30:36   | 20      |         |         |
| Runde | 5.27     | 36:42    | 6:57         | 3       | 6:06    | 11      | 6:15    | 26.35 | 2:57:49   | 6:44      | 3             | 36:42   | 20      |         |         |
| Runde | 5.27     | 38:02    | 7:13         | 2       | 7:27    | 10      | 7:27    | 31.62 | 3:35:51   | 6:49      | 3             | 44:09   | 20      |         |         |
| Runde | 5.27     | 38:27    | 7:17         | 2       | 7:02    | 8       | 7:23    | 36.89 | 4:14:18   | 6:53      | 3             | 51:11   | 20      |         |         |
| Runde | 5.27     | 38:22    | 7:16         | 2       | 6:34    | 12      | 7:53    | 42.16 | 4:52:40   | 6:56      | 3             | 57:45   | 14      | 4:14:35 |         |