



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

0000

Zimmermann, Jörg

00: Halberstadt

00: 448

00: 42.16 km

Marathon

0000:

Männer M40

000: 4:54:15

00: 8.60 km/h

0000: 6:59 min/km

00000/000: 173 (of 311)

00000/0: 161 (of 279)

000000: 3:02:44

00000: 35(of 62)

0000000: 3:33:30

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000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000	000 km	000 00	000 min/km	00 -	00 -	00 0	00 0
Runde	5.27	32:48	6:13	38	10:02	158	11:05	5.27	32:48	6:13	5	0:11	2	2:15	
Runde	5.27	34:38	6:34	45	10:57	190	12:55	10.54	1:07:26	6:23	5	2:25	161	24:00	
Runde	5.27	36:12	6:52	49	11:29	207	13:57	15.81	1:43:38	6:33	5	4:08	161	37:57	
Runde	5.27	38:16	7:15	49	12:30	213	15:28	21.08	2:21:54	6:43	5	4:39	161	53:25	
Runde	5.27	37:55	7:11	40	11:25	178	15:19	26.35	2:59:49	6:49	5		161	1:08:44	
Runde	5.27	39:41	7:31	37	11:32	174	17:09	31.62	3:39:30	6:56	5		161	1:25:53	
Runde	5.27	38:48	7:21	29	10:21	127	15:36	36.89	4:18:18	7:00	5		160	1:41:29	
Runde	5.27	35:57	6:49	17	8:57	74	20:12	42.16	4:54:15	6:58	36	4:00:53	167	4:00:53	