



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

0000

Wojciechowski, Cornelia

00: SV Kyffhäuser

00: 440

00: 42.16 km

Marathon

0000:

Frauen W45

000: 5:03:06

00: 8.31 km/h

0000: 7:11 min/km

00000/000: 193 (of 311)

00000/0: 15 (of 32)

000000: 3:54:55

00000: 5(of 9)

0000000: 4:02:43

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Runde	5.27	35:46	6:47	5	6:10	19	9:33	5.27	35:46	6:47	5	6:10	16	
Runde	5.27	34:45	6:35	4	5:30	12	7:54	10.54	1:10:31	6:41	5	11:40	1	-
Runde	5.27	35:30	6:44	3	5:50	11	7:17	15.81	1:46:01	6:42	5	17:30	1	-
Runde	5.27	36:50	6:59	4	6:59	14	7:36	21.08	2:22:51	6:46	5	24:29	1	-
Runde	5.27	38:17	7:15	4	7:50	14	7:50	26.35	3:01:08	6:52	5	32:08	1	-
Runde	5.27	39:56	7:34	5	8:52	14	9:21	31.62	3:41:04	6:59	5	40:52	1	-
Runde	5.27	41:12	7:49	6	9:55	15	10:08	36.89	4:22:16	7:06	5	50:47	1	-
Runde	5.27	40:50	7:44	6	9:36	16	10:21	42.16	5:03:06	7:11	6	4:25:01	18	4:25:01