



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

0000

Sziburis, Sven

00: Beuna

00: 396

00: 42.16 km

Marathon

0000:

Männer M40

000: 5:14:39

00: 8.01 km/h

0000: 7:28 min/km

00000/000: 221 (of 311)

00000/0: 205 (of 279)

000000: 3:02:44

00000: 46(of 62)

0000000: 3:33:30

0000

0000

000

000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000	000 00	000 min/km	00 -	00 -	00 0	00 0
Runde	5.27	34:08	6:28	47	11:22	182	12:25	5.27	34:08	6:28	16	1:31	211	3:35
Runde	5.27	35:05	6:39	47	11:24	197	13:22	10.54	1:09:13	6:34	16	4:12	206	25:47
Runde	5.27	36:02	6:50	46	11:19	197	13:47	15.81	1:45:15	6:39	16	5:45	206	39:34
Runde	5.27	37:25	7:05	45	11:39	199	14:37	21.08	2:22:40	6:46	16	5:25	206	54:11
Runde	5.27	38:57	7:23	44	12:27	189	16:21	26.35	3:01:37	6:53	16	1:39	206	1:10:32
Runde	5.27	41:05	7:47	40	12:56	191	18:33	31.62	3:42:42	7:02	16		206	1:29:05
Runde	5.27	45:47	8:41	48	17:20	211	22:35	36.89	4:28:29	7:16	16		205	1:51:40
Runde	5.27	46:10	8:45	46	19:10	212	30:25	42.16	5:14:39	7:27	47	4:21:17	211	4:21:17