



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

□□□□

Gerstberger, Werner

□□□: 5:21:57

□□: CaBa`s CaBaNauTeN

□□: 7.83 km/h

□□: 97

□□□□: 7:38 min/km

□□: 42.16 km

□□□□□/□□□: 228 (of 311)

Marathon

□□□□□/□: 212 (of 279)

□□□□□□: 3:02:44

□□□□:

□□□□□: 47(of 62)

Männer M40

□□□□□□□: 3:33:30

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□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □ | □□ □ | □□□ km | □□□ □□ | □□□ min/km | □□ - | □□ - | □□ □ | □□ □ |
|-------|----------|----------|--------------|---------|---------|---------|---------|-----------|-----------|---------------|---------|---------|---------|---------|
| Runde | 5.27 | 32:37 | 6:11 | 37 | 9:51 | 152 | 10:54 | 5.27 | 32:37 | 6:11 | 1 | - | 174 | 2:04 |
| Runde | 5.27 | 32:24 | 6:08 | 34 | 8:43 | 138 | 10:41 | 10.54 | 1:05:01 | 6:10 | 1 | - | 213 | 21:35 |
| Runde | 5.27 | 34:29 | 6:32 | 40 | 9:46 | 172 | 12:14 | 15.81 | 1:39:30 | 6:17 | 1 | - | 139 | 33:49 |
| Runde | 5.27 | 37:45 | 7:09 | 47 | 11:59 | 205 | 14:57 | 21.08 | 2:17:15 | 6:30 | 1 | - | 213 | 48:46 |
| Runde | 5.27 | 42:43 | 8:06 | 53 | 16:13 | 239 | 20:07 | 26.35 | 2:59:58 | 6:49 | 1 | - | 213 | 1:08:53 |
| Runde | 5.27 | 44:19 | 8:24 | 51 | 16:10 | 234 | 21:47 | 31.62 | 3:44:17 | 7:05 | 1 | - | 213 | 1:30:40 |
| Runde | 5.27 | 47:22 | 8:59 | 50 | 18:55 | 228 | 24:10 | 36.89 | 4:31:39 | 7:21 | 1 | - | 212 | 1:54:50 |
| Runde | 5.27 | 50:18 | 9:32 | 56 | 23:18 | 257 | 34:33 | 42.16 | 5:21:57 | 7:38 | 48 | 4:28:35 | 218 | 4:28:35 |