



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

0000

Scarpino, Gerardo

00: Wolfsburg

00: 325

00: 42.16 km

Marathon

0000:

Männer M45

000: 5:37:38

00: 7.46 km/h

0000: 8:01 min/km

00000/000: 266 (of 311)

00000/0: 243 (of 279)

000000: 3:02:44

00000: 54(of 62)

0000000: 3:40:26

0000

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Runde	5.27	37:35	7:07	57	13:25	245	15:52	5.27	37:35	7:07	25	5:02	247	7:02
Runde	5.27	37:27	7:06	55	12:39	235	15:44	10.54	1:15:02	7:07	25	9:07	244	31:36
Runde	5.27	38:41	7:20	55	13:00	247	16:26	15.81	1:53:43	7:11	25	11:41	244	48:02
Runde	5.27	40:35	7:42	55	13:57	245	17:47	21.08	2:34:18	7:19	25	14:23	244	1:05:49
Runde	5.27	42:49	8:07	54	14:41	241	20:13	26.35	3:17:07	7:28	25	17:36	244	1:26:02
Runde	5.27	45:42	8:40	57	16:37	244	23:10	31.62	4:02:49	7:40	25	21:34	244	1:49:12
Runde	5.27	48:01	9:06	56	18:15	237	24:49	36.89	4:50:50	7:53	25	25:53	243	2:14:01
Runde	5.27	46:48	8:52	57	31:03	224	31:03	42.16	5:37:38	8:00	57	4:40:14	249	4:44:16