



# 10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

□□□□

**Behrendt, Matthias**

□□□: 5:58:26

□□: tri-finisher

□□: 7.03 km/h

□□: 18

□□□□: 8:30 min/km

□□: 42.16 km

□□□□□/□□□: 291 (of 311)

Marathon

□□□□□/□: 266 (of 279)

□□□□□□: 3:02:44

□□□□:

□□□□□: 45(of 47)

Männer M50

□□□□□□□: 3:29:07

□□□□

□□□□

□□□

| □□□   | □□<br>km | □□<br>□□ | □□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ | □□□   | □□□<br>□□ | □□□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ |
|-------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|---------------|---------|---------|---------|---------|
| Runde | 5.27     | 37:34    | 7:07         | 39      | 12:19   | 244     | 15:51   | 5.27  | 37:34     | 7:07          | 22      | 4:45    | 273     | 7:01    |
| Runde | 5.27     | 37:15    | 7:04         | 39      | 12:14   | 232     | 15:32   | 10.54 | 1:14:49   | 7:05          | 22      | 7:03    | 268     | 31:23   |
| Runde | 5.27     | 39:31    | 7:29         | 43      | 13:29   | 259     | 17:16   | 15.81 | 1:54:20   | 7:13          | 22      | 10:18   | 268     | 48:39   |
| Runde | 5.27     | 42:53    | 8:08         | 45      | 16:57   | 270     | 20:05   | 21.08 | 2:37:13   | 7:27          | 22      | 14:46   | 268     | 1:08:44 |
| Runde | 5.27     | 47:39    | 9:02         | 44      | 21:20   | 268     | 25:03   | 26.35 | 3:24:52   | 7:46          | 22      | 16:31   | 268     | 1:33:47 |
| Runde | 5.27     | 50:03    | 9:29         | 45      | 22:46   | 264     | 27:31   | 31.62 | 4:14:55   | 8:03          | 22      | 20:08   | 268     | 2:01:18 |
| Runde | 5.27     | 51:49    | 9:49         | 44      | 24:10   | 261     | 28:37   | 36.89 | 5:06:44   | 8:18          | 22      | 24:21   | 267     | 2:29:55 |
| Runde | 5.27     | 51:42    | 9:48         | 44      | 26:04   | 265     | 35:57   | 42.16 | 5:58:26   | 8:30          | 45      | 2:29:19 | 272     | 5:05:04 |