



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

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Meyer, Hans-Joachim

□□: 100 Marathon Club

□□: 246

□□: 42.16 km

Marathon

□□□□:

Männer M70

□□□: 6:04:55

□□: 6.91 km/h

□□□□: 8:40 min/km

□□□□□/□□□: 299 (of 311)

□□□□□/□: 272 (of 279)

□□□□□□: 3:02:44

□□□□□: 1(of 1)

□□□□□□□: 6:04:55

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Runde	5.27	40:19	7:39	1	-	275	18:36	5.27	40:19	7:39	1	-	278	9:46	
Runde	5.27	39:13	7:26	1	-	257	17:30	10.54	1:19:32	7:32	1	-	273	36:06	
Runde	5.27	41:14	7:49	1	-	270	18:59	15.81	2:00:46	7:38	1	-	263	55:05	
Runde	5.27	42:50	8:07	1	-	269	20:02	21.08	2:43:36	7:45	1	-	273	1:15:07	
Runde	5.27	49:31	9:23	1	-	272	26:55	26.35	3:33:07	8:05	1	-	273	1:42:02	
Runde	5.27	50:39	9:36	1	-	268	28:07	31.62	4:23:46	8:20	1	-	273	2:10:09	
Runde	5.27	50:04	9:30	1	-	251	26:52	36.89	5:13:50	8:30	1	-	272	2:37:01	
Runde	5.27	51:05	9:41	1	-	261	35:20	42.16	6:04:55	8:39	1	-	278	5:11:33	