

## 10. Unter-Tage Sparkassen Marathon Brügman- Schacht, Sondershausen / 03.12.2011



Modry, Markus

 $\square\square$ : Schmitten

□□: 252

□□: 21.08 km Halbmarathon

Männer M45

□□□: 2:45:07

□□: 7.63 km/h

□□□□: 7:50 min/km

\_\_\_\_\_: 50 (of 64)

\_\_\_\_/\_: 41 (of 53)

\_\_\_\_: 1:47:19

□□□□: 8(of 11)

|       | km   |       | min/km | -  | -     |    |       | km    |         | min/km | - | -     |    |       |
|-------|------|-------|--------|----|-------|----|-------|-------|---------|--------|---|-------|----|-------|
| Runde | 5.27 | 35:14 | 6:41   | 4  | 7:46  | 25 | 9:16  | 5.27  | 35:14   | 6:41   | 6 | 7:46  | 8  |       |
| Runde | 5.27 | 42:15 | 8:01   | 11 | 13:04 | 49 | 16:04 | 10.54 | 1:17:29 | 7:21   | 6 | 20:50 | 8  |       |
| Runde | 5.27 | 42:50 | 8:07   | 8  | 13:17 | 42 | 15:31 | 15.81 | 2:00:19 | 7:36   | 6 | 34:07 | 8  |       |
| Runde | 5.27 | 44:48 | 8:30   | 6  | 16:13 | 41 | 44:20 | 21.08 | 2:45:07 | 7:49   | 8 | 50:20 | 41 | 57:48 |