

10. Unter-Tage Sparkassen Marathon Brügman- Schacht, Sondershausen / 03.12.2011



Kern, Christof

□□: LTC-Graz
□□: 174

□□: 21.08 km Halbmarathon

Männer M40

□□□: 1:50:01

□□: 11.45 km/h

□□□: 5:13 min/km

______ 2 (of 64)

□□□□□/□: 2 (of 53)

____: 1:47:19

□□□□: 1(of 12)

____: 1:50:01

	km		min/km	-	-			km		min/km	-	-		
Runde	5.27	27:17	5:10	1	-	5	1:19	5.27	27:17	5:10	1	-	41	
Runde	5.27	26:38	5:03	1	-	2	0:27	10.54	53:55	5:06	1	-	41	
Runde	5.27	27:19	5:11	1	-	1	-	15.81	1:21:14	5:08	1	-	41	
Runde	5.27	28:47	5:27	1	-	5	28:19	21.08	1:50:01	5:13	1	-	2	2:42