



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

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Meyer, Dieter

□□: Laufspass SW Sende

□□: 248

□□: 31.62 km

3/4 Marathon

□□□□:

Männer M50

□□□: 3:33:54

□□: 8.87 km/h

□□□□: 6:46 min/km

□□□□□/□□□: 6 (of 23)

□□□□□/□: 6 (of 22)

□□□□□□: 2:46:55

□□□□□: 1(of 6)

□□□□□□□: 3:33:54

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Runde	5.27	35:18	6:41	3	4:34	17	10:01	5.27	35:18	6:41	1	-	18	1:43
Runde	5.27	33:28	6:21	3	1:30	11	6:39	10.54	1:08:46	6:31	1	-	18	1:26
Runde	5.27	34:12	6:29	3	1:02	13	7:20	15.81	1:42:58	6:30	1	-	18	2:08
Runde	5.27	35:38	6:45	3	0:15	13	7:42	21.08	2:18:36	6:34	1	-	18	
Runde	5.27	36:45	6:58	1	-	7	8:26	26.35	2:55:21	6:39	1	-	18	
Runde	5.27	38:33	7:18	1	-	2	7:25	31.62	3:33:54	6:45	1	-	6	46:59