



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

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Schober, Josef

□□: SC-Haag

□□: 350

□□: 31.62 km

3/4 Marathon

□□□□:

Männer M50

□□□: 3:34:02

□□: 8.86 km/h

□□□□: 6:46 min/km

□□□□□/□□□: 7 (of 23)

□□□□□/□: 7 (of 22)

□□□□□□: 2:46:55

□□□□□: 2(of 6)

□□□□□□□: 3:33:54

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Runde	5.27	34:16	6:30	2	3:32	13	8:59	5.27	34:16	6:30	2			17	0:41
Runde	5.27	32:41	6:12	2	0:43	8	5:52	10.54	1:06:57	6:21	2			17	
Runde	5.27	33:10	6:17	1	-	7	6:18	15.81	1:40:07	6:19	2			17	
Runde	5.27	35:23	6:42	1	-	10	7:27	21.08	2:15:30	6:25	2			17	
Runde	5.27	37:42	7:09	2	0:57	10	9:23	26.35	2:53:12	6:34	2			17	
Runde	5.27	40:50	7:44	2	2:17	5	9:42	31.62	3:34:02	6:46	2	0:08		7	47:07