



# 39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Daetz, Paul

Waldems

1724

10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

männliche Jugend U20 (18-19 Jahre)

48:00

12.50 km/h

4:48 min/km

246 (of 618)

239 (of 500)

31:03

9(of 22)

32:52

km

km

km

| Runde               | 00   | 00   | 00     | 00 | 00   | 00  | 00   | 000   | 000   | 000    | 00 | 00    | 00  | 00    |
|---------------------|------|------|--------|----|------|-----|------|-------|-------|--------|----|-------|-----|-------|
|                     | km   | 00   | min/km | -  | -    | 0   | 0    | km    | 00    | min/km | -  | -     | 0   | 0     |
| Runde               | 2.00 | 9:51 | 4:55   | 11 | 3:35 | 261 | 3:48 | 2.00  | 9:51  | 4:55   | 8  |       | 238 | 1:21  |
| Runde               | 2.00 | 9:22 | 4:41   | 9  | 2:47 | 209 | 3:16 | 4.00  | 19:13 | 4:48   | 8  |       | 110 | 6:55  |
| Runde               | 2.00 | 9:44 | 4:51   | 9  | 3:03 | 244 | 3:30 | 6.00  | 28:57 | 4:49   | 8  |       | 111 | 10:25 |
| Runde               | 2.00 | 9:39 | 4:49   | 9  | 2:56 | 217 | 3:23 | 8.00  | 38:36 | 4:49   | 8  |       | 328 | 13:48 |
| Leichtathletikhalle | 2.00 | 9:24 | 4:42   | 9  | 2:47 | 225 | 3:13 | 10.00 | 48:00 | 4:47   | 9  | 15:08 | 231 | 21:32 |