



# 6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

0000

Kirchner, Manuela

000: 54:02

00: Erfurt

00: 9.99 km/h

00: 485

0000: 5:32 min/km

00: 9.75 km

00000/000: 143 (of 224)

10 km Lauf

00000/0: 22 (of 58)

000000: 44:26

0000:

00000: 3(of 9)

Frauen W35

0000000: 48:58

0000

0000

000

000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	17:46	5:28	3	2:20	22	3:32	3.25	17:46	5:28	3	2:20	52	
00 2	3.25	18:09	5:35	3	1:40	19	3:20	6.50	35:55	5:31	3	4:00	52	
000 00	3.25	18:07	5:34	5	2:21	22	3:09	9.75	54:02	5:32	4	38:16	23	38:16