



# 6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

0000

Soltau, Guido

00: Bosch Hildesheim

00: 345

00: 9.75 km

10 km Lauf

0000:

Männer M35

000: 56:14

00: 10.40 km/h

0000: 5:46 min/km

00000/000: 162 (of 224)

00000/0: 136 (of 166)

000000: 33:28

00000: 24(of 26)

0000000: 33:28

0000

0000

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	19:09	5:53	24	8:01	145	8:01	3.25	19:09	5:53	3	2:24	133	8:01
00 2	3.25	18:38	5:44	23	7:20	125	7:20	6.50	37:47	5:48	4	3:57	133	15:21
000 00	3.25	18:27	5:40	24	7:25	125	7:25	9.75	56:14	5:46	24	22:46	136	22:46