



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

0000

Drüke, Chris

00: Nonstop Ultra

00: 215

00: 42.25 km

Marathon

0000:

Männer M20

000: 3:11:23

00: 13.17 km/h

0000: 4:32 min/km

00000/000: 9 (of 164)

00000/0: 9 (of 136)

000000: 2:51:03

00000: 3(of 17)

0000000: 2:53:09

0000

0000

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	13:12	4:03	4	0:13	9	0:32	3.25	13:12	4:03	15		14	
00 2	3.25	13:40	4:12	4	0:56	9	0:56	6.50	26:52	4:08	15		14	
00 3	3.25	13:48	4:14	3	1:01	8	1:01	9.75	40:40	4:10	11		14	
00 4	3.25	13:56	4:17	3	0:58	8	1:00	13.00	54:36	4:12	3	3:01	13	
00 5	3.25	14:26	4:26	4	1:36	11	1:36	16.25	1:09:02	4:14	3	4:37	13	
00 6	3.25	14:29	4:27	4	1:20	12	1:21	19.50	1:23:31	4:16	3	5:57	13	
00 7	3.25	14:50	4:33	4	1:55	11	1:55	22.75	1:38:21	4:19	3	7:52	11	
00 8	3.25	14:31	4:28	3	1:18	9	1:19	26.00	1:52:52	4:20	3	9:10	11	
00 9	3.25	15:00	4:36	3	1:36	10	1:36	29.25	2:07:52	4:22	3	10:46	10	
00 10	3.25	15:21	4:43	3	1:45	11	1:46	32.50	2:23:13	4:24	3	12:31	9	12:32
00 11	3.25	15:46	4:51	3	1:55	11	2:37	35.75	2:38:59	4:26	3	14:26	9	15:09
00 12	3.25	16:42	5:08	3	2:32	13	3:01	39.00	2:55:41	4:30	3	16:46	9	18:10
000 00	3.25	15:42	4:49	3	1:28	12	2:10	42.25	3:11:23	4:31	4	1:45:10	14	1:45:10