



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

□□□□

Schindler, Michael

□□□: 3:43:26

□□: TV Helmbrechts

□□: 11.28 km/h

□□: 76

□□□□: 5:17 min/km

□□: 42.25 km

□□□□□/□□□: 42 (of 164)

Marathon

□□□□□/□: 40 (of 136)

□□□□□□: 2:51:03

□□□□:

□□□□□: 9(of 24)

Männer M40

□□□□□□□: 2:51:03

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
□□ 1	3.25	15:36	4:47	10	2:43	41	2:56	3.25	15:36	4:47	16	0:11	5	
□□ 2	3.25	15:49	4:51	9	2:56	40	3:05	6.50	31:25	4:50	16		5	
□□ 3	3.25	16:02	4:56	9	3:15	44	3:15	9.75	47:27	4:52	16		46	
□□ 4	3.25	16:00	4:55	8	3:02	36	3:04	13.00	1:03:27	4:52	16		4	7:02
□□ 5	3.25	16:12	4:59	9	3:22	42	3:22	16.25	1:19:39	4:54	16		4	8:48
□□ 6	3.25	16:17	5:00	9	3:09	37	3:09	19.50	1:35:56	4:55	16		4	9:49
□□ 7	3.25	16:22	5:02	7	3:26	31	3:27	22.75	1:52:18	4:56	16		2	3:13
□□ 8	3.25	16:43	5:08	9	3:31	34	3:31	26.00	2:09:01	4:57	16		2	2:55
□□ 9	3.25	16:59	5:13	7	3:34	29	3:35	29.25	2:26:00	4:59	16		1	-
□□ 10	3.25	18:16	5:37	9	4:41	44	4:41	32.50	2:44:16	5:03	16		41	33:35
□□ 11	3.25	21:35	6:38	19	8:26	95	8:26	35.75	3:05:51	5:11	16		40	42:01
□□ 12	3.25	19:27	5:59	14	5:46	59	5:46	39.00	3:25:18	5:15	16		40	47:47
□□□ □□	3.25	18:08	5:34	10	4:36	46	4:36	42.25	3:43:26	5:17	10	1:30:57	46	2:17:13