



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

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Schröter, Swen

□□: Die Kraft Dahinter

□□: 53

□□: 42.25 km

Marathon

□□□□:

Männer M40

□□□: 3:49:42

□□: 11.04 km/h

□□□□: 5:26 min/km

□□□□□/□□□□: 58 (of 164)

□□□□□/□: 56 (of 136)

□□□□□□: 2:51:03

□□□□□: 11(of 24)

□□□□□□□: 2:51:03

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
□□ 1	3.25	16:25	5:03	12	3:32	61	3:45	3.25	16:25	5:03	14	1:00	62		
□□ 2	3.25	16:59	5:13	12	4:06	77	4:15	6.50	33:24	5:08	14	1:56	62		
□□ 3	3.25	17:07	5:15	12	4:20	76	4:20	9.75	50:31	5:10	14	2:47	62		
□□ 4	3.25	17:02	5:14	12	4:04	69	4:06	13.00	1:07:33	5:11	14	3:11	61	11:08	
□□ 5	3.25	17:14	5:18	12	4:24	73	4:24	16.25	1:24:47	5:13	14	3:40	61	13:56	
□□ 6	3.25	17:10	5:16	12	4:02	64	4:02	19.50	1:41:57	5:13	14	3:44	36	15:50	
□□ 7	3.25	17:22	5:20	11	4:26	56	4:27	22.75	1:59:19	5:14	14	3:35	59	10:14	
□□ 8	3.25	17:48	5:28	11	4:36	64	4:36	26.00	2:17:07	5:16	14	2:47	59	11:01	
□□ 9	3.25	18:57	5:49	16	5:32	78	5:33	29.25	2:36:04	5:20	14	3:26	58	10:04	
□□ 10	3.25	18:28	5:40	10	4:53	46	4:53	32.50	2:54:32	5:22	14	0:54	57	43:51	
□□ 11	3.25	19:00	5:50	11	5:51	52	5:51	35.75	3:13:32	5:24	14		56	49:42	
□□ 12	3.25	18:37	5:43	8	4:56	41	4:56	39.00	3:32:09	5:26	14		56	54:38	
□□□ □□	3.25	17:33	5:24	8	4:01	31	4:01	42.25	3:49:42	5:26	12	1:37:13	62	2:23:29	