



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

0000

Aurich, Michael

00: Leipzig

00: 31

00: 42.25 km

Marathon

0000:

Männer M30

000: 3:53:03

00: 10.88 km/h

0000: 5:31 min/km

00000/000: 65 (of 164)

00000/0: 62 (of 136)

000000: 2:51:03

00000: 10(of 13)

0000000: 2:56:59

0000

0000

000

000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	17:46	5:28	12	4:52	90	5:06	3.25	17:46	5:28	11	4:08	68	
00 2	3.25	17:45	5:27	12	4:40	92	5:01	6.50	35:31	5:27	11	7:49	68	
00 3	3.25	17:46	5:28	12	4:43	88	4:59	9.75	53:17	5:27	11	11:19	68	
00 4	3.25	17:12	5:17	11	3:57	72	4:16	13.00	1:10:29	5:25	11	14:04	67	14:04
00 5	3.25	16:52	5:11	11	3:35	65	4:02	16.25	1:27:21	5:22	11	16:30	67	16:30
00 6	3.25	17:15	5:18	10	3:50	68	4:07	19.50	1:44:36	5:21	11	18:29	67	18:29
00 7	3.25	16:46	5:09	9	3:22	41	3:51	22.75	2:01:22	5:20	10	28:59	65	12:17
00 8	3.25	16:54	5:11	7	3:05	37	3:42	26.00	2:18:16	5:19	10	32:04	65	12:10
00 9	3.25	18:03	5:33	9	4:17	58	4:39	29.25	2:36:19	5:20	10	36:21	64	10:19
00 10	3.25	18:59	5:50	10	4:55	66	5:24	32.50	2:55:18	5:23	10	41:16	63	44:37
00 11	3.25	20:50	6:24	11	6:41	86	7:41	35.75	3:16:08	5:29	10	47:57	62	52:18
00 12	3.25	18:18	5:37	7	3:54	35	4:37	39.00	3:34:26	5:29	10	51:51	62	56:55
000 00	3.25	18:37	5:43	10	4:13	56	5:05	42.25	3:53:03	5:30	11	2:11:07	68	2:26:50