



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

□□□□

Buchmaier, Dietmar

□□: Sparkasse KölnBonn

□□: 136

□□: 42.25 km

Marathon

□□□□:

Männer M50

□□□: 3:55:42

□□: 10.69 km/h

□□□□: 5:35 min/km

□□□□□/□□□: 67 (of 164)

□□□□□/□: 64 (of 136)

□□□□□□: 2:51:03

□□□□□: 8(of 18)

□□□□□□□: 3:32:54

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
□□ 1	3.25	18:58	5:50	15	3:54	111	6:18	3.25	18:58	5:50	11	1:22	70		
□□ 2	3.25	18:14	5:36	13	2:56	100	5:30	6.50	37:12	5:43	11	2:59	70		
□□ 3	3.25	17:50	5:29	11	2:03	89	5:03	9.75	55:02	5:38	11	3:56	70		
□□ 4	3.25	17:52	5:29	10	2:11	87	4:56	13.00	1:12:54	5:36	11	4:31	69	16:29	
□□ 5	3.25	17:46	5:28	10	2:07	85	4:56	16.25	1:30:40	5:34	11	3:31	69	19:49	
□□ 6	3.25	17:56	5:31	11	2:04	84	4:48	19.50	1:48:36	5:34	11	4:13	69	22:29	
□□ 7	3.25	17:45	5:27	9	1:44	71	4:50	22.75	2:06:21	5:33	11	4:13	67	17:16	
□□ 8	3.25	18:16	5:37	11	2:13	75	5:04	26.00	2:24:37	5:33	11	4:21	67	18:31	
□□ 9	3.25	18:18	5:37	9	1:53	66	4:54	29.25	2:42:55	5:34	11	3:36	66	16:55	
□□ 10	3.25	18:35	5:43	7	2:16	50	5:00	32.50	3:01:30	5:35	11	4:10	65	50:49	
□□ 11	3.25	18:36	5:43	6	2:11	45	5:27	35.75	3:20:06	5:35	11	3:41	64	56:16	
□□ 12	3.25	18:13	5:36	5	1:26	33	4:32	39.00	3:38:19	5:35	11	1:32	64	1:00:48	
□□□ □□	3.25	17:23	5:20	3	2:02	27	3:51	42.25	3:55:42	5:34	9	1:11:24	70	2:29:29	