



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

0000

Kriesche, Wolfgang

00: TriSportKirsch

00: 156

00: 42.25 km

Marathon

0000:

Männer M55

000: 3:57:26

00: 10.61 km/h

0000: 5:37 min/km

00000/000: 76 (of 164)

00000/0: 73 (of 136)

000000: 2:51:03

00000: 3(of 8)

0000000: 3:49:34

0000

0000

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	19:21	5:57	6	3:41	119	6:41	3.25	19:21	5:57	4	3:05	79	
00 2	3.25	18:15	5:36	4	2:23	101	5:31	6.50	37:36	5:47	4	4:36	79	
00 3	3.25	17:57	5:31	4	1:45	92	5:10	9.75	55:33	5:41	4	5:30	79	
00 4	3.25	18:58	5:50	5	2:40	111	6:02	13.00	1:14:31	5:43	4	7:27	78	18:06
00 5	3.25	18:02	5:32	4	1:38	88	5:12	16.25	1:32:33	5:41	4	8:13	78	21:42
00 6	3.25	17:28	5:22	2	0:53	74	4:20	19.50	1:50:01	5:38	4	8:00	78	23:54
00 7	3.25	17:53	5:30	3	0:26	79	4:58	22.75	2:07:54	5:37	4	7:39	76	18:49
00 8	3.25	18:07	5:34	3	0:23	71	4:55	26.00	2:26:01	5:36	4	6:34	76	19:55
00 9	3.25	18:28	5:40	2	0:36	68	5:04	29.25	2:44:29	5:37	4	5:26	75	18:29
00 10	3.25	18:34	5:42	2	0:20	48	4:59	32.50	3:03:03	5:37	4	3:33	74	52:22
00 11	3.25	18:56	5:49	2	0:08	50	5:47	35.75	3:21:59	5:38	3	9:54	73	58:09
00 12	3.25	18:00	5:32	1	-	29	4:19	39.00	3:39:59	5:38	3	9:11	73	1:02:28
000 00	3.25	17:27	5:22	1	-	29	3:55	42.25	3:57:26	5:37	4	31:07	79	2:31:13