



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

□□□□

Steinicke, Thomas

□□□: 4:02:06

□□: SGW 05 Berlin

□□: 10.41 km/h

□□: 134

□□□□: 5:44 min/km

□□: 42.25 km

□□□□□/□□□: 86 (of 164)

Marathon

□□□□□/□: 81 (of 136)

□□□□□□: 2:51:03

□□□□:

□□□□□: 11(of 18)

Männer M50

□□□□□□□: 3:32:54

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□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
□□ 1	3.25	18:45	5:46	14	3:41	106	6:05	3.25	18:45	5:46	8	1:09	87		
□□ 2	3.25	18:13	5:36	12	2:55	98	5:29	6.50	36:58	5:41	8	2:45	87		
□□ 3	3.25	17:56	5:31	13	2:09	91	5:09	9.75	54:54	5:37	8	3:48	87		
□□ 4	3.25	18:22	5:39	13	2:41	95	5:26	13.00	1:13:16	5:38	8	4:53	86	16:51	
□□ 5	3.25	18:43	5:45	13	3:04	100	5:53	16.25	1:31:59	5:39	8	4:50	86	21:08	
□□ 6	3.25	18:33	5:42	12	2:41	95	5:25	19.50	1:50:32	5:40	8	6:09	86	24:25	
□□ 7	3.25	18:19	5:38	12	2:18	88	5:24	22.75	2:08:51	5:39	8	6:43	84	19:46	
□□ 8	3.25	18:34	5:42	12	2:31	84	5:22	26.00	2:27:25	5:40	8	7:09	84	21:19	
□□ 9	3.25	18:58	5:50	10	2:33	79	5:34	29.25	2:46:23	5:41	8	7:04	83	20:23	
□□ 10	3.25	18:36	5:43	8	2:17	51	5:01	32.50	3:04:59	5:41	8	7:39	82	54:18	
□□ 11	3.25	18:38	5:44	7	2:13	46	5:29	35.75	3:23:37	5:41	8	7:12	81	59:47	
□□ 12	3.25	18:56	5:49	7	2:09	51	5:15	39.00	3:42:33	5:42	8	5:46	81	1:05:02	
□□□ □□	3.25	19:33	6:00	10	4:12	72	6:01	42.25	4:02:06	5:43	12	1:17:48	87	2:35:53	