



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

0000

Speer, Rudi

00: TV Offenbach-Hundheim

00: 166

00: 42.25 km

Marathon

0000:

Männer M60

000: 4:11:02

00: 10.04 km/h

0000: 5:56 min/km

00000/000: 97 (of 164)

00000/0: 90 (of 136)

000000: 2:51:03

00000: 3(of 7)

0000000: 3:26:51

0000

0000

000

000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	18:17	5:37	4	3:32	100	5:37	3.25	18:17	5:37	3	3:32	96	
00 2	3.25	18:35	5:43	4	3:54	107	5:51	6.50	36:52	5:40	3	7:26	96	
00 3	3.25	18:28	5:40	4	3:44	105	5:41	9.75	55:20	5:40	3	11:10	96	
00 4	3.25	18:51	5:48	4	4:12	109	5:55	13.00	1:14:11	5:42	3	15:22	95	17:46
00 5	3.25	18:57	5:49	4	3:58	107	6:07	16.25	1:33:08	5:43	3	19:20	95	22:17
00 6	3.25	19:17	5:56	6	4:14	110	6:09	19.50	1:52:25	5:45	3	23:34	95	26:18
00 7	3.25	19:33	6:00	4	3:43	105	6:38	22.75	2:11:58	5:48	3	27:17	93	22:53
00 8	3.25	19:39	6:02	4	3:50	98	6:27	26.00	2:31:37	5:49	3	31:07	93	25:31
00 9	3.25	19:14	5:55	3	2:00	82	5:50	29.25	2:50:51	5:50	3	33:07	92	24:51
00 10	3.25	19:47	6:05	4	2:53	79	6:12	32.50	3:10:38	5:51	3	36:00	91	59:57
00 11	3.25	20:00	6:09	3	2:03	69	6:51	35.75	3:30:38	5:53	3	38:03	90	1:06:48
00 12	3.25	20:15	6:13	3	2:43	68	6:34	39.00	3:50:53	5:55	3	40:46	90	1:13:22
000 00	3.25	20:09	6:11	4	3:25	84	6:37	42.25	4:11:02	5:56	3	44:11	96	2:44:49