



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

0000

Riehs, Angela

00: LG Thalheim

00: 181

00: 42.25 km

Marathon

0000:

Frauen W40

000: 4:11:45

00: 10.01 km/h

0000: 5:58 min/km

00000/000: 99 (of 164)

00000/0: 8 (of 28)

000000: 3:30:47

00000: 3(of 5)

0000000: 4:02:26

0000

0000

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	18:04	5:33	4	2:24	11	3:11	3.25	18:04	5:33	3	1:13	21	
00 2	3.25	17:38	5:25	4	1:21	8	2:22	6.50	35:42	5:29	3	2:20	21	
00 3	3.25	18:16	5:37	4	1:38	10	2:48	9.75	53:58	5:32	3	3:46	21	
00 4	3.25	18:39	5:44	4	1:34	9	3:00	13.00	1:12:37	5:35	3	5:20	21	
00 5	3.25	18:36	5:43	4	1:22	9	2:27	16.25	1:31:13	5:36	3	6:25	21	
00 6	3.25	19:16	5:55	4	1:25	10	3:05	19.50	1:50:29	5:39	3	7:50	21	
00 7	3.25	18:48	5:47	2	0:20	7	2:36	22.75	2:09:17	5:40	3	8:10	21	
00 8	3.25	19:57	6:08	2	0:54	10	3:22	26.00	2:29:14	5:44	3	9:04	21	
00 9	3.25	20:22	6:15	2	0:36	10	4:14	29.25	2:49:36	5:47	3	9:40	21	
00 10	3.25	20:22	6:15	1	-	8	3:57	32.50	3:09:58	5:50	3	9:39	21	
00 11	3.25	21:04	6:28	3	0:32	13	4:56	35.75	3:31:02	5:54	3	9:57	21	
00 12	3.25	21:01	6:28	3	0:04	10	4:47	39.00	3:52:03	5:57	3	10:01	21	
000 00	3.25	19:42	6:03	1	-	7	4:32	42.25	4:11:45	5:57	3	9:19	9	40:58