



# 6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

□□□□

**Olbrisch, Wolfgang**

□□: LT Lippehasen

□□: 129

□□: 42.25 km

Marathon

□□□□:

Männer M50

□□□: 4:12:44

□□: 9.97 km/h

□□□□: 5:59 min/km

□□□□□/□□□□: 103 (of 164)

□□□□□/□: 94 (of 136)

□□□□□□: 2:51:03

□□□□□: 12(of 18)

□□□□□□□: 3:32:54

□□□□

□□□□

□□□

| □□□    | □□<br>km | □□<br>□□ | □□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ | □□□   | □□□<br>km | □□□<br>□□ | □□□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ |
|--------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|-----------|---------------|---------|---------|---------|---------|
| □□ 1   | 3.25     | 19:13    | 5:54         | 16      | 4:09    | 115     | 6:33    | 3.25  | 19:13     | 5:54      | 7             | 1:37    | 100     |         |         |
| □□ 2   | 3.25     | 18:58    | 5:50         | 16      | 3:40    | 114     | 6:14    | 6.50  | 38:11     | 5:52      | 7             | 3:58    | 100     |         |         |
| □□ 3   | 3.25     | 18:48    | 5:47         | 16      | 3:01    | 113     | 6:01    | 9.75  | 56:59     | 5:50      | 7             | 5:53    | 100     |         |         |
| □□ 4   | 3.25     | 19:07    | 5:52         | 15      | 3:26    | 114     | 6:11    | 13.00 | 1:16:06   | 5:51      | 7             | 7:43    | 99      | 19:41   |         |
| □□ 5   | 3.25     | 18:48    | 5:47         | 16      | 3:09    | 104     | 5:58    | 16.25 | 1:34:54   | 5:50      | 7             | 7:45    | 99      | 24:03   |         |
| □□ 6   | 3.25     | 18:41    | 5:44         | 13      | 2:49    | 96      | 5:33    | 19.50 | 1:53:35   | 5:49      | 7             | 9:12    | 99      | 27:28   |         |
| □□ 7   | 3.25     | 18:42    | 5:45         | 13      | 2:41    | 92      | 5:47    | 22.75 | 2:12:17   | 5:48      | 7             | 10:09   | 97      | 23:12   |         |
| □□ 8   | 3.25     | 19:20    | 5:56         | 14      | 3:17    | 94      | 6:08    | 26.00 | 2:31:37   | 5:49      | 7             | 11:21   | 93      | 25:31   |         |
| □□ 9   | 3.25     | 20:13    | 6:13         | 14      | 3:48    | 97      | 6:49    | 29.25 | 2:51:50   | 5:52      | 7             | 12:31   | 96      | 25:50   |         |
| □□ 10  | 3.25     | 19:43    | 6:03         | 11      | 3:24    | 78      | 6:08    | 32.50 | 3:11:33   | 5:53      | 7             | 14:13   | 95      | 1:00:52 |         |
| □□ 11  | 3.25     | 20:05    | 6:10         | 10      | 3:40    | 72      | 6:56    | 35.75 | 3:31:38   | 5:55      | 7             | 15:13   | 94      | 1:07:48 |         |
| □□ 12  | 3.25     | 20:41    | 6:21         | 11      | 3:54    | 79      | 7:00    | 39.00 | 3:52:19   | 5:57      | 7             | 15:32   | 94      | 1:14:48 |         |
| □□□ □□ | 3.25     | 20:25    | 6:16         | 12      | 5:04    | 87      | 6:53    | 42.25 | 4:12:44   | 5:58      | 13            | 1:28:26 | 100     | 2:46:31 |         |