



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

0000

Denzler, Barbara

00: TV Helmbrechts

00: 196

00: 42.25 km

Marathon

0000:

Frauen W45

000: 4:14:35

00: 9.90 km/h

0000: 6:02 min/km

00000/0000: 106 (of 164)

00000/0: 11 (of 28)

000000: 3:30:47

00000: 4(of 10)

0000000: 3:30:47

0000

0000

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	19:06	5:52	8	4:13	19	4:13	3.25	19:06	5:52	4	3:24	18	
00 2	3.25	18:34	5:42	8	3:18	15	3:18	6.50	37:40	5:47	4	6:10	18	
00 3	3.25	18:16	5:37	4	2:48	10	2:48	9.75	55:56	5:44	4	8:17	18	
00 4	3.25	18:34	5:42	3	2:55	8	2:55	13.00	1:14:30	5:43	4	10:29	18	
00 5	3.25	18:47	5:46	4	2:38	10	2:38	16.25	1:33:17	5:44	4	12:46	18	
00 6	3.25	19:18	5:56	4	3:07	11	3:07	19.50	1:52:35	5:46	4	15:12	18	
00 7	3.25	19:31	6:00	4	3:19	9	3:19	22.75	2:12:06	5:48	4	17:59	18	
00 8	3.25	19:30	6:00	5	2:55	9	2:55	26.00	2:31:36	5:49	4	20:54	18	
00 9	3.25	19:43	6:03	4	3:35	6	3:35	29.25	2:51:19	5:51	4	24:29	18	
00 10	3.25	20:07	6:11	4	3:42	7	3:42	32.50	3:11:26	5:53	4	28:11	18	
00 11	3.25	20:19	6:15	4	4:11	6	4:11	35.75	3:31:45	5:55	4	32:22	18	
00 12	3.25	20:52	6:25	4	4:38	7	4:38	39.00	3:52:37	5:57	4	37:00	18	
000 00	3.25	21:58	6:45	8	6:48	16	6:48	42.25	4:14:35	6:01	4	43:48	12	43:48