



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

0000

Walther, Lydia

00: Wutha-Farnroda

00: 480

00: 9.75 km

10 km Lauf

0000:

Frauen W30

000: 44:37

00: 12.10 km/h

0000: 4:35 min/km

00000/000: 36 (of 224)

00000/0: 2 (of 58)

000000: 44:26

00000: 2(of 10)

0000000: 44:26

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0000

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| 000 | 00 | 00 | 00 | 00 | 00 | 00 | 00 | 000 | 000 | 000 | 00 | 00 | 00 | 00 |
|--------|------|-------|--------|----|------|----|------|------|-------|--------|----|------|----|-------|
| | km | 00 | min/km | - | - | 0 | 0 | km | 00 | min/km | - | - | 0 | 0 |
| 00 1 | 3.25 | 14:50 | 4:33 | 2 | 0:36 | 2 | 0:36 | 3.25 | 14:50 | 4:33 | 2 | 0:36 | 31 | |
| 00 2 | 3.25 | 14:49 | 4:33 | 1 | - | 1 | - | 6.50 | 29:39 | 4:33 | 2 | 0:21 | 31 | |
| 000 00 | 3.25 | 14:58 | 4:36 | 1 | - | 1 | - | 9.75 | 44:37 | 4:34 | 2 | 0:11 | 3 | 28:51 |