



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

0000

Grob, Heike

00: Ski-Club Flieden

00: 203

00: 42.25 km

Marathon

0000:

Frauen W50

000: 4:22:25

00: 9.66 km/h

0000: 6:13 min/km

00000/0000: 118 (of 164)

00000/0: 14 (of 28)

000000: 3:30:47

00000: 1(of 3)

0000000: 4:22:25

0000

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	19:19	5:56	2	1:10	21	4:26	3.25	19:19	5:56	1	-	1	-
00 2	3.25	19:12	5:54	2	0:23	19	3:56	6.50	38:31	5:55	1	-	1	-
00 3	3.25	19:16	5:55	1	-	16	3:48	9.75	57:47	5:55	1	-	1	-
00 4	3.25	19:34	6:01	1	-	17	3:55	13.00	1:17:21	5:56	1	-	1	-
00 5	3.25	19:51	6:06	1	-	17	3:42	16.25	1:37:12	5:58	1	-	1	-
00 6	3.25	20:36	6:20	2	0:19	18	4:25	19.50	1:57:48	6:02	1	-	1	-
00 7	3.25	20:42	6:22	1	-	16	4:30	22.75	2:18:30	6:05	1	-	1	-
00 8	3.25	20:36	6:20	1	-	14	4:01	26.00	2:39:06	6:07	1	-	1	-
00 9	3.25	20:33	6:19	1	-	11	4:25	29.25	2:59:39	6:08	1	-	1	-
00 10	3.25	21:15	6:32	1	-	13	4:50	32.50	3:20:54	6:10	1	-	1	-
00 11	3.25	21:03	6:28	1	-	12	4:55	35.75	3:41:57	6:12	1	-	1	-
00 12	3.25	20:47	6:23	1	-	6	4:33	39.00	4:02:44	6:13	1	-	1	-
000 00	3.25	19:41	6:03	1	-	6	4:31	42.25	4:22:25	6:12	1	-	15	51:38