



# 6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

□□□□

Denzler, Hans

□□: TV Helmbrechts

□□: 141

□□: 42.25 km

Marathon

□□□□:

Männer M50

□□□: 4:29:00

□□: 9.37 km/h

□□□□: 6:22 min/km

□□□□□/□□□□: 126 (of 164)

□□□□□/□: 109 (of 136)

□□□□□□: 2:51:03

□□□□□: 15(of 18)

□□□□□□□: 3:32:54

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
□□ 1	3.25	18:37	5:43	13	3:33	104	5:57	3.25	18:37	5:43	4	1:01	115		
□□ 2	3.25	18:39	5:44	14	3:21	108	5:55	6.50	37:16	5:44	4	3:03	115		
□□ 3	3.25	18:35	5:43	15	2:48	110	5:48	9.75	55:51	5:43	4	4:45	115		
□□ 4	3.25	18:23	5:39	14	2:42	96	5:27	13.00	1:14:14	5:42	4	5:51	114	17:49	
□□ 5	3.25	18:46	5:46	14	3:07	102	5:56	16.25	1:33:00	5:43	4	5:51	114	22:09	
□□ 6	3.25	19:55	6:07	16	4:03	114	6:47	19.50	1:52:55	5:47	4	8:32	114	26:48	
□□ 7	3.25	20:32	6:19	16	4:31	113	7:37	22.75	2:13:27	5:51	4	11:19	112	24:22	
□□ 8	3.25	20:34	6:19	16	4:31	108	7:22	26.00	2:34:01	5:55	4	13:45	112	27:55	
□□ 9	3.25	21:12	6:31	16	4:47	105	7:48	29.25	2:55:13	5:59	4	15:54	111	29:13	
□□ 10	3.25	23:00	7:04	15	6:41	114	9:25	32.50	3:18:13	6:05	4	20:53	110	1:07:32	
□□ 11	3.25	22:54	7:02	15	6:29	107	9:45	35.75	3:41:07	6:11	4	24:42	109	1:17:17	
□□ 12	3.25	24:12	7:26	16	7:25	117	10:31	39.00	4:05:19	6:17	4	28:32	109	1:27:48	
□□□ □□	3.25	23:41	7:17	17	8:20	123	10:09	42.25	4:29:00	6:22	16	1:44:42	115	3:02:47	