



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

□□□□

Hinkel, Friedrich

□□□: 4:47:32

□□: TV-Lemberg

□□: 8.82 km/h

□□: 172

□□□□: 6:49 min/km

□□: 42.25 km

□□□□□/□□□: 142 (of 164)

Marathon

□□□□□/□: 120 (of 136)

□□□□□□: 2:51:03

□□□□:

□□□□□: 1(of 1)

Männer M70

□□□□□□□: 4:47:32

□□□□

□□□□

□□□

□□□	□□	□□	□□	□□	□□	□□	□□	□□□	□□□	□□□	□□	□□	□□	□□
	km	□□	min/km	-	-	□	□	km	□□	min/km	-	-	□	□
□□ 1	3.25	20:16	6:14	1	-	128	7:36	3.25	20:16	6:14	1	-	126	0:06
□□ 2	3.25	21:02	6:28	1	-	125	8:18	6.50	41:18	6:21	1	-	126	
□□ 3	3.25	21:12	6:31	1	-	125	8:25	9.75	1:02:30	6:24	1	-	126	
□□ 4	3.25	21:51	6:43	1	-	129	8:55	13.00	1:24:21	6:29	1	-	125	27:56
□□ 5	3.25	21:30	6:36	1	-	125	8:40	16.25	1:45:51	6:30	1	-	125	35:00
□□ 6	3.25	21:12	6:31	1	-	122	8:04	19.50	2:07:03	6:30	1	-	125	40:56
□□ 7	3.25	21:42	6:40	1	-	122	8:47	22.75	2:28:45	6:32	1	-	123	39:40
□□ 8	3.25	22:45	7:00	1	-	124	9:33	26.00	2:51:30	6:35	1	-	123	45:24
□□ 9	3.25	22:53	7:02	1	-	116	9:29	29.25	3:14:23	6:38	1	-	122	48:23
□□ 10	3.25	22:56	7:03	1	-	113	9:21	32.50	3:37:19	6:41	1	-	121	1:26:38
□□ 11	3.25	23:51	7:20	1	-	113	10:42	35.75	4:01:10	6:44	1	-	120	1:37:20
□□ 12	3.25	23:24	7:11	1	-	110	9:43	39.00	4:24:34	6:47	1	-	120	1:47:03
□□□ □□	3.25	22:58	7:03	1	-	116	9:26	42.25	4:47:32	6:48	1	-	126	3:21:19