



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

□□□□

Hülse, Renate

□□: LT Krefeld-Oppum/LG DUV

□□: 207

□□: 42.25 km

Marathon

□□□□:

Frauen W55

□□□: 5:06:09

□□: 8.23 km/h

□□□□: 7:15 min/km

□□□□□/□□□: 151 (of 164)

□□□□□/□: 26 (of 28)

□□□□□□: 3:30:47

□□□□□: 2 (of 2)

□□□□□□□: 4:51:55

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□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
□□ 1	3.25	18:43	5:45	1	-	17	3:50	3.25	18:43	5:45	2	-	3		
□□ 2	3.25	19:44	6:04	1	-	22	4:28	6.50	38:27	5:54	2	-	3		
□□ 3	3.25	20:00	6:09	1	-	21	4:32	9.75	58:27	5:59	2	-	3	0:40	
□□ 4	3.25	20:48	6:24	1	-	21	5:09	13.00	1:19:15	6:05	2	-	3	1:54	
□□ 5	3.25	21:25	6:35	1	-	22	5:16	16.25	1:40:40	6:11	2	-	3	3:28	
□□ 6	3.25	22:28	6:54	2	0:08	27	6:17	19.50	2:03:08	6:18	2	-	3	5:20	
□□ 7	3.25	23:24	7:11	2	0:51	27	7:12	22.75	2:26:32	6:26	2	-	3	8:02	
□□ 8	3.25	25:30	7:50	2	2:29	27	8:55	26.00	2:52:02	6:36	2	-	3	12:56	
□□ 9	3.25	26:11	8:03	2	2:32	27	10:03	29.25	3:18:13	6:46	2	0:14	3	18:34	
□□ 10	3.25	27:22	8:25	2	3:27	27	10:57	32.50	3:45:35	6:56	2	3:41	3	24:41	
□□ 11	3.25	26:39	8:11	2	2:20	26	10:31	35.75	4:12:14	7:03	2	6:01	3	30:17	
□□ 12	3.25	26:31	8:09	2	2:41	26	10:17	39.00	4:38:45	7:08	2	8:42	3	36:01	
□□□ □□	3.25	27:24	8:25	2	5:32	27	12:14	42.25	5:06:09	7:14	2	14:14	27	1:35:22	