



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

0000

Boaz, Michelle

00: Bamberg

00: 475

00: 9.75 km

10 km Lauf

0000:

Frauen W30

000: 48:53

00: 11.05 km/h

0000: 5:01 min/km

00000/000: 82 (of 224)

00000/0: 7 (of 58)

000000: 44:26

00000: 3(of 10)

0000000: 44:26

0000

0000

000

000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	16:24	5:02	3	2:10	12	2:10	3.25	16:24	5:02	3	2:10	36	
00 2	3.25	16:16	5:00	3	1:27	5	1:27	6.50	32:40	5:01	3	3:22	36	
000 00	3.25	16:13	4:59	3	1:15	6	1:15	9.75	48:53	5:00	3	4:27	8	33:07