



7. Walk in Herne  
Herne-Sodingen / 18.03.2012

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Rendchen, Lothar

□□: AS Neukirchen-Vluyn

□□: 13623

□□: 13.00 km

Nordic Walking

□□□: 1:40:39

□□: 7.75 km/h

□□□□□□: 180

□□□□: 15.70

□□□□: 122 □