



4. Bad Harzburger Bio Racer Bike-Marathon

Bad Harzburg / 29.04.2012

□□□□

Lorenz, Jan-Helge

□□□: 4:56:01

□□: Focus RAPIRO Racing

□□: 19.26 km/h

□□: 5013

□□: 95.00 km

□□□□□/□□□: 23 (of 60)

Hauptrennen Harzer MTB-Cup - 5 Runden

□□□□□/□: 23 (of 57)

□□□□□□: 4:11:12

□□□□:

□□□□□: 7(of 21)

Senioren

□□□□□□□: 4:11:12

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
□□ 1	12.80	36:36	19.67	5	2:43	20	3:03	12.80	36:36	19.67	12	0:09	3	
□□ 2	19.00	55:21	20.60	5	6:05	20	6:05	31.80	1:31:57	20.23	12		3	
□□ 3	19.00	58:07	19.62	7	8:16	23	8:16	50.80	2:30:04	19.99	12		50	
□□ 4	19.00	1:02:01	18.38	10	11:55	29	11:57	69.80	3:32:05	19.52	12		49	
□□ 5	19.00	1:06:00	17.27	12	13:48	33	13:48	88.80	4:38:05	18.99	7	42:37	12	
□□□ Ziel	6.20	17:56	20.07	10	2:54	29	3:28	95.00	4:56:01	19.26	7	44:49	24	2:00:34