



5. Hohegeißer Bergduathlon/ Niedersächsische Landesmeisterschaft

Hohegeiß / 06.05.2012

□□□□

Klinkberg, Tobias

□□: Arithnea ASK München

□□: 26

□□: 55.00 km

HarzMan 10,0-40,0-5,0

□□□□:

AK 1 männlich (20-29 Jahre)

□□□: 2:25:17

□□: 22.71 km/h

□□□□: 2:38 min/km

□□□□□/□□□□: 7 (of 46)

□□□□□/□: 7 (of 42)

□□□□□□: 2:08:59

□□□□□: 3(of 6)

□□□□□□□: 2:08:59

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
□□ 1	2.50	9:06	3:38	2	0:54	7	1:09	2.50	9:06	3:38	3	0:54	28	
□□ 2	2.50	8:56	3:34	2	0:18	4	0:32	5.00	18:02	3:36	3	1:12	28	
□□ 3	2.50	9:03	3:37	1	-	2	0:25	7.50	27:05	3:36	3	1:10	28	
□□□ Rad	2.50	10:31	4:12	3	1:07	7	1:18	10.00	37:36	3:45	3	2:17	29	
□□ 1	0.20	0:24	2:00	4	0:03	17	0:05	10.20	38:00	3:43	3	2:18	28	
□□ 2	10.00	21:16	2:07	3	3:36	11	3:36	20.20	59:16	2:56	3	5:54	28	
□□ 3	10.00	21:41	2:10	3	4:00	11	4:00	30.20	1:20:57	2:40	3	9:54	28	
□□ 4	10.00	22:20	2:14	3	4:05	11	4:05	40.20	1:43:17	2:34	3	13:59	28	
□□□ Rad	10.00	23:18	2:19	3	4:02	12	12:25	50.20	2:06:35	2:31	3	18:01	28	
□□ 1	0.20	0:22	1:49	1	-	2	0:01	50.40	2:06:57	2:31	3	17:58	28	
□□ 2	2.50	9:17	3:42	1	-	2	0:06	52.90	2:16:14	2:34	3	17:27	28	
□□□ Penalty	-	fehlt!	-	-	-	-	-	52.90	-	-	-	-	-	-
Lauf	2.10	9:03	4:18	1	-	1	-	55.00	2:25:17	2:38	3	16:18	8	59:02