



5. Hohegeißer Bergduathlon/ Niedersächsische Landesmeisterschaft
Hohegeiß / 06.05.2012

0000

Stock, Peter

00: Universalteam Heere

00: 48

00: 55.00 km

HarzMan 10,0-40,0-5,0

0000:

AK 3 männlich (40-49 Jahre)

000: 2:37:48

00: 20.91 km/h

0000: 2:52 min/km

00000/000: 15 (of 46)

00000/0: 15 (of 42)

000000: 2:08:59

00000: 4(of 15)

0000000: 2:24:58

0000

0000

000

000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	2.50	9:07	3:38	2	0:21	8	1:10	2.50	9:07	3:38	4	-	36	
00 2	2.50	9:28	3:47	2	0:07	7	1:04	5.00	18:35	3:42	4	-	36	
00 3	2.50	9:34	3:49	1	-	6	0:56	7.50	28:09	3:45	4	-	36	
000 Rad	2.50	12:02	4:48	7	1:52	25	2:49	10.00	40:11	4:01	4	1:15	37	
00 1	0.20	0:22	1:49	2	0:01	12	0:03	10.20	40:33	3:58	4	0:44	36	
00 2	10.00	22:45	2:16	6	2:04	20	5:05	20.20	1:03:18	3:08	4	2:48	36	
00 3	10.00	23:39	2:21	7	2:56	23	5:58	30.20	1:26:57	2:52	4	5:44	36	
00 4	10.00	23:51	2:23	7	3:17	23	5:36	40.20	1:50:48	2:45	4	9:01	36	
000 Rad	10.00	25:34	2:33	7	3:52	21	14:41	50.20	2:16:22	2:42	4	12:53	36	
00 1	0.20	0:28	2:19	2	0:07	13	0:07	50.40	2:16:50	2:42	4	12:33	36	
00 2	2.50	10:41	4:16	3	0:30	11	1:30	52.90	2:27:31	2:47	4	12:45	36	
000 Penalty	-	fehlt!	-	-	-	-	-	52.90	-	-	-	-	-	-
Lauf	2.10	10:17	4:53	3	0:06	10	1:14	55.00	2:37:48	2:52	4	12:50	16	1:11:33