



# 5. Hohegeißer Bergduathlon/ Niedersächsische Landesmeisterschaft

Hohegeiß / 06.05.2012

0000

Wert, Michelle

00: Team Ronolulu

00: 276

00: 23.40 km

GeißMan (Jugend A) 3,0-19,0-2,0

0000:

Jugend A weiblich (16/ 17 Jahre)

000: 1:04:05

00: 21.53 km/h

0000: 2:44 min/km

00000/000: 4 (of 8)

00000/0: 1 (of 3)

000000: 1:04:05

00000: 1(of 3)

0000000: 1:04:05

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0000

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	1.50	5:47	3:51	1	-	1	-	1.50	5:47	3:51	1	-	1	-
000 Rad	1.50	6:45	4:30	1	-	1	-	3.00	12:32	4:10	1	-	1	-
00 1	0.20	0:22	1:49	1	-	1	-	3.20	12:54	4:01	1	-	1	-
00 2	6.30	14:41	2:19	1	-	1	-	9.50	27:35	2:54	1	-	1	-
00 3	6.30	14:30	2:18	1	-	1	-	15.80	42:05	2:39	1	-	1	-
000 Rad	6.30	14:44	2:20	1	-	1	-	22.10	56:49	2:34	1	-	1	-
00 1	0.20	0:25	2:05	1	-	1	-	22.30	57:14	2:33	1	-	1	-
000 Penalty	-	fehlt!	-	-	-	-	-	22.30	-	-	-	-	-	-
Lauf	1.10	6:51	6:13	1	-	1	-	23.40	1:04:05	2:44	1	-	1	-