



9. SKS Bilstein Bike Marathon

Großalmerode / 06.05.2012

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Messerschmidt, Lars

□□: DDMC Solling e.V.

□□: 1039

□□: 106.00 km

Marathonstrecke lang

□□□□:

Masters 1

□□□: 4:47:05

□□: 22.15 km/h

□□□□□/□□□: 3 (of 36)

□□□□□/□: 3 (of 35)

□□□□□□: 4:28:48

□□□□□: 1(of 14)

□□□□□□□: 4:47:05

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Vielarmiger Weg	18.00	47:51	22.57	1	-	5	0:13	18.00	47:51	22.57	4	-	30	
Oberroßbach	9.00	28:45	18.78	1	-	1	-	27.00	1:16:36	21.15	4	-	19	
Dohrenbach	12.00	13:31	53.27	1	-	5	0:28	39.00	1:30:07	25.97	4	-	30	
Bilstein	6.50	27:36	13.04	1	-	5	2:03	45.50	1:57:43	22.94	4	-	30	
Runde	9.00	18:51	28.65	1	-	5	1:35	54.50	2:16:34	23.72	2	-	25	
Vielarmiger Weg	18.00	55:41	19.40	3	20:03	8	24:48	72.50	3:12:15	22.47	1	-	23	
Oberroßbach	9.00	30:54	17.48	1	-	5	2:58	81.50	3:43:09	21.78	1	-	23	
Dohrenbach	12.00	14:40	49.09	1	-	3	1:24	93.50	3:57:49	23.46	1	-	23	
Bilstein	6.00	29:59	12.01	1	-	3	2:55	99.50	4:27:48	22.18	1	-	23	
□□	6.50	19:17	18.67	1	-	3	1:11	106.00	4:47:05	22.15	1	-	4	1:42:52