



9. SKS Bilstein Bike Marathon

Großalmerode / 06.05.2012

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Penner, Ruben

□□: Zaboo Team 29/ Bike Sport Lippe

□□: 1030

□□: 106.00 km

Marathonstrecke lang

□□□□:

Herren

□□□: 5:11:52

□□: 20.39 km/h

□□□□□/□□□: 9 (of 36)

□□□□□/□: 9 (of 35)

□□□□□□: 4:28:48

□□□□□: 6(of 10)

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
Vielarmiger Weg	18.00	51:44	20.88	6	4:06	10	4:06	18.00	51:44	20.88	8		10	
Oberroßbach	9.00	30:06	17.94	5	1:16	7	1:21	27.00	1:21:50	19.80	8		10	
Dohrenbach	12.00	14:46	48.76	6	1:43	10	1:43	39.00	1:36:36	24.22	8		10	
Bilstein	6.50	29:32	12.19	7	3:59	9	3:59	45.50	2:06:08	21.41	8		10	
Runde	9.00	19:16	28.03	6	2:00	7	2:00	54.50	2:25:24	22.28	6	12:52	19	
Vielarmiger Weg	18.00	58:27	18.48	6	8:33	13	27:34	72.50	3:23:51	21.19	7	21:25	17	
Oberroßbach	9.00	34:06	15.84	6	6:10	11	6:10	81.50	3:57:57	20.42	6	27:35	17	
Dohrenbach	12.00	16:43	43.07	6	3:27	11	3:27	93.50	4:14:40	21.91	6	31:02	17	
Bilstein	6.00	34:56	10.31	5	7:52	10	7:52	99.50	4:49:36	20.51	6	38:54	17	
□□	6.50	22:16	16.17	6	4:10	12	4:10	106.00	5:11:52	20.39	7	2:07:39	10	2:07:39