



9. SKS Bilstein Bike Marathon

Großalmerode / 06.05.2012

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Lahme, Günther

□□□: 5:40:25

□□: ZG Kassel

□□: 18.68 km/h

□□: 1007

□□: 106.00 km

□□□□□/□□□: 15 (of 36)

Marathonstrecke lang

□□□□□/□: 15 (of 35)

□□□□□□: 4:28:48

□□□□:

□□□□□: 5(of 14)

Masters 1

□□□□□□□: 4:47:05

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Vielarmiger Weg	18.00	54:33	19.80	5	6:42	15	6:55	18.00	54:33	19.80	10			9
Oberroßbach	9.00	31:20	17.23	4	2:35	14	2:35	27.00	1:25:53	18.86	10			9
Dohrenbach	12.00	15:20	46.96	6	1:49	18	2:17	39.00	1:41:13	23.12	10			6
Bilstein	6.50	32:36	11.04	7	5:00	19	7:03	45.50	2:13:49	20.18	10			9
Runde	9.00	20:45	26.02	5	1:54	15	3:29	54.50	2:34:34	20.96	8			11 4:41
Vielarmiger Weg	18.00	1:08:25	15.79	9	32:47	27	37:32	72.50	3:42:59	19.37	5	30:44	11	10:09
Oberroßbach	9.00	37:48	14.29	9	6:54	21	9:52	81.50	4:20:47	18.64	5	37:38	11	8:47
Dohrenbach	12.00	18:08	39.71	6	3:28	16	4:52	93.50	4:38:55	20.01	5	41:06	11	9:49
Bilstein	6.00	38:22	9.38	8	8:23	20	11:18	99.50	5:17:17	18.72	5	49:29	11	10:45
□□	6.50	23:08	15.56	7	3:51	17	5:02	106.00	5:40:25	18.68	5	53:20	16	2:36:12