



# 9. SKS Bilstein Bike Marathon

Großalmerode / 06.05.2012

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van der Kaap, Bert

□□: NWVG

□□: 1015

□□: 106.00 km

Marathonstrecke lang

□□□□:

Masters 2

□□□: 5:40:51

□□: 18.66 km/h

□□□□□/□□□: 16 (of 36)

□□□□□/□: 16 (of 35)

□□□□□□: 4:28:48

□□□□□: 4(of 11)

□□□□□□□: 5:09:19

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
Vielarmiger Weg	18.00	58:32	18.45	6	6:52	23	10:54	18.00	58:32	18.45	8	2:56	1	-
Oberroßbach	9.00	33:40	16.04	5	3:31	23	4:55	27.00	1:32:12	17.57	8		1	-
Dohrenbach	12.00	16:44	43.03	7	2:14	25	3:41	39.00	1:48:56	21.48	8		1	-
Bilstein	6.50	33:30	10.75	5	3:56	23	7:57	45.50	2:22:26	18.96	8		1	-
Runde	9.00	21:43	24.87	4	2:24	19	4:27	54.50	2:44:09	19.74	5		10	14:16
Vielarmiger Weg	18.00	1:03:25	17.03	5	32:32	18	32:32	72.50	3:47:34	18.98	4	23:41	10	14:44
Oberroßbach	9.00	36:29	14.80	4	5:36	16	8:33	81.50	4:24:03	18.41	4	26:08	10	12:03
Dohrenbach	12.00	17:01	42.31	2	1:12	12	3:45	93.50	4:41:04	19.85	4	27:20	10	11:58
Bilstein	6.00	37:02	9.72	4	6:09	16	9:58	99.50	5:18:06	18.67	4	30:20	10	11:34
□□	6.50	22:45	15.82	2	1:12	14	4:39	106.00	5:40:51	18.66	4	31:32	17	2:36:38