



# 9. SKS Bilstein Bike Marathon

Großalmerode / 06.05.2012

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## Tiggelaar, Roald

□□: Het Twentse Ros

□□: 1029

□□: 106.00 km

Marathonstrecke lang

□□□□:

Masters 1

□□□: 5:41:32

□□: 18.62 km/h

□□□□□/□□□: 17 (of 36)

□□□□□/□: 17 (of 35)

□□□□□□: 4:28:48

□□□□□: 6(of 14)

□□□□□□□: 4:47:05

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
Vielarmiger Weg	18.00	58:53	18.34	10	11:02	25	11:15	18.00	58:53	18.34	11		11	0:21
Oberroßbach	9.00	33:15	16.24	8	4:30	21	4:30	27.00	1:32:08	17.58	11		11	
Dohrenbach	12.00	16:50	42.77	11	3:19	27	3:47	39.00	1:48:58	21.47	11		11	0:02
Bilstein	6.50	31:47	11.33	5	4:11	17	6:14	45.50	2:20:45	19.18	11		11	
Runde	9.00	23:19	23.16	10	4:28	25	6:03	54.50	2:44:04	19.75	7		9	14:11
Vielarmiger Weg	18.00	1:09:07	15.63	10	33:29	28	38:14	72.50	3:53:11	18.53	6	40:56	9	20:21
Oberroßbach	9.00	34:13	15.78	4	3:19	12	6:17	81.50	4:27:24	18.18	6	44:15	9	15:24
Dohrenbach	12.00	16:29	43.68	4	1:49	10	3:13	93.50	4:43:53	19.66	6	46:04	9	14:47
Bilstein	6.00	35:37	10.11	4	5:38	12	8:33	99.50	5:19:30	18.59	6	51:42	9	12:58
□□	6.50	22:02	16.34	5	2:45	11	3:56	106.00	5:41:32	18.62	6	54:27	18	2:37:19