



9. SKS Bilstein Bike Marathon

Großalmerode / 06.05.2012

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Przystaw, Andreas

□□: RSV Bochum

□□: 1001

□□: 106.00 km

Marathonstrecke lang

□□□□:

Masters 2

□□□: 6:17:17

□□: 16.86 km/h

□□□□□/□□□: 22 (of 36)

□□□□□/□: 22 (of 35)

□□□□□□: 4:28:48

□□□□□: 6(of 11)

□□□□□□□: 5:09:19

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
Vielarmiger Weg	18.00	56:30	19.12	5	4:50	20	8:52	18.00	56:30	19.12	10	0:54	16	
Oberroßbach	9.00	32:47	16.47	4	2:38	18	4:02	27.00	1:29:17	18.14	10		16	
Dohrenbach	12.00	16:02	44.91	5	1:32	22	2:59	39.00	1:45:19	22.22	10		16	
Bilstein	6.50	34:31	10.43	7	4:57	25	8:58	45.50	2:19:50	19.31	10		16	
Runde	9.00	22:32	23.96	6	3:13	24	5:16	54.50	2:42:22	19.95	7		4	12:29
Vielarmiger Weg	18.00	1:08:00	15.88	8	37:07	25	37:07	72.50	3:50:22	18.75	6	26:29	4	17:32
Oberroßbach	9.00	59:33	9.07	9	28:40	28	31:37	81.50	4:49:55	16.76	6	52:00	4	37:55
Dohrenbach	12.00	20:09	35.73	6	4:20	21	6:53	93.50	5:10:04	18.00	6	56:20	4	40:58
Bilstein	6.00	40:46	8.83	7	9:53	24	13:42	99.50	5:50:50	16.93	6	1:03:04	4	44:18
□□	6.50	26:27	13.61	6	4:54	21	8:21	106.00	6:17:17	16.86	6	1:07:58	23	3:13:04