



Bödefelder Hollenlauf/ -Marsch

Bödefeld / 19.05.2012

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Fecher, Stevie (Stefan)

□□: LTF Marpingen

□□: 1314

□□: 67.00 km

67 km DUV-DM

□□□□:

Senioren M45

□□□: 8:08:29

□□: 8.23 km/h

□□□□: 7:17 min/km

□□□□□/□□□: 84 (of 118)

□□□□□/□: 73 (of 95)

□□□□□□: 4:51:45

□□□□□: 18(of 24)

□□□□□□□: 5:13:39

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Nasse Wiese	19.50	2:16:01	6:58	18	46:17	75	49:44	19.50	2:16:01	6:58	7	19:31	45	15:18
Kühude	20.50	2:29:11	7:16	18	58:15	80	1:01:21	40.00	4:45:12	7:07	7	48:38	45	40:48
Nasse Wiese	20.50	2:39:20	7:46	17	2:39:20	68	2:39:20	60.50	7:24:32	7:20	7	58:37	44	38:34
□□	6.50	43:57	6:45	17	17:16	69	18:49	67.00	8:08:29	7:17	18	2:54:50	73	3:16:44