



13.Harzer Mountainbike-Event 2012

Altenau (Oberharz) / 20.05.2012

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Köhler, Roland

□□□: 3:46:35

□□: RC Endspurt Herford

□□: 20.92 km/h

□□: 305

□□: 79.40 km

□□□□□/□□□: 74 (of 183)

Marathon Mitteldistanz

□□□□□/□: 73 (of 173)

□□□□□□: 3:00:46

□□□□:

□□□□□: 29(of 71)

Senioren

□□□□□□□: 3:13:19

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Bergwertung Anf	7.70	15:53	26.44	21	1:48	56	1:49	7.70	15:53	26.44	17	-	98	1:45
Bergwertung Enc	2.00	9:54	12.12	44	3:04	119	3:06	9.70	25:47	20.94	17	-	59	3:46
Trailwertung Anf	20.20	53:27	22.45	29	5:44	81	6:35	29.90	1:19:14	21.96	18	-	95	2:58
Trailwertung End	1.20	4:28	13.43	43	0:58	103	1:17	31.10	1:23:42	22.22	18	-	95	3:14
Bergwertung Anf	16.30	44:14	21.70	33	7:28	86	10:09	47.40	2:07:56	22.04	57	-	62	10:05
Bergwertung Enc	2.00	9:53	12.14	23	2:21	58	3:00	49.40	2:17:49	21.33	62	-	76	9:35
Trailwertung Anf	20.20	57:20	20.93	29	9:00	71	12:50	69.60	3:15:09	21.21	60	-	73	37:46
Trailwertung End	1.20	4:44	12.68	37	1:05	89	1:26	70.80	3:19:53	21.01	60	-	73	39:05
□□	8.60	26:42	17.98	29	5:23	66	6:44	79.40	3:46:35	20.92	29	33:16	73	45:49