



13.Harzer Mountainbike-Event 2012

Altenau (Oberharz) / 20.05.2012

□□□□

Denecke, Helge

□□: Denecke

□□: 209

□□: 79.40 km

Marathon Mitteldistanz

□□□□:

Herren

□□□: 4:31:36

□□: 17.45 km/h

□□□□□/□□□: 136 (of 183)

□□□□□/□: 130 (of 173)

□□□□□□: 3:00:46

□□□□□: 24(of 30)

□□□□□□□: 3:05:32

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□□□□

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Bergwertung Anf	7.70	20:12	20.79	28	6:07	148	6:08	7.70	20:12	20.79	3	4:10	155	6:04
Bergwertung Enc	2.00	11:09	10.76	28	4:21	152	4:21	9.70	31:21	17.22	3	7:03	154	9:20
Trailwertung Anf	20.20	1:00:38	19.79	26	13:46	134	13:46	29.90	1:31:59	18.92	3	17:55	152	15:43
Trailwertung End	1.20	5:26	11.04	29	2:15	158	2:15	31.10	1:37:25	19.09	3	19:16	152	16:57
Bergwertung Anf	16.30	49:58	19.21	25	14:51	126	15:53	47.40	2:27:23	19.13	3	26:50	134	29:32
Bergwertung Enc	2.00	15:10	7.91	27	8:10	141	8:17	49.40	2:42:33	18.09	3	33:16	133	34:19
Trailwertung Anf	20.20	1:09:37	17.24	23	24:15	128	25:07	69.60	3:52:10	17.83	3	53:31	130	1:14:47
Trailwertung End	1.20	5:00	12.00	20	1:42	104	1:42	70.80	3:57:10	17.71	3	54:06	130	1:16:22
□□	8.60	34:26	13.94	24	14:16	136	14:28	79.40	4:31:36	17.45	24	1:26:04	130	1:30:50