



14. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 16.06.2012

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Flinke Hirsche Friedrichroda

□□□: 14:50:06

□□: 153

□□: 11.53 km/h
□□□□: 5:12 min/km

□□: 171.10 km

Blankenstein-Hörschel

□□□□□: 93 (of 236)

□□□□□□: 10:23:23

□□□□:

□□□□□: 76(of 149)

Männerstaffel

□□□□□□□: 10:23:23

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Grumbach	17.50	1:28:21	5:02	84	25:47	111	25:47	17.50	1:28:21	5:02	78	25:47	114	25:47
Schildwiese	19.80	1:48:59	5:30	120	41:37	183	41:37	37.30	3:17:20	5:17	78	1:07:24	114	1:07:24
Neuhaus	16.50	1:27:10	5:16	75	28:07	96	28:07	53.80	4:44:30	5:17	78	1:30:43	114	1:30:43
Masserberg	18.10	1:33:55	5:11	89	37:15	120	37:15	71.90	6:18:25	5:15	78	2:00:13	114	2:00:13
Allzunah	17.20	1:27:13	5:04	31	21:50	38	21:50	89.10	7:45:38	5:13	78	2:22:03	114	2:22:03
Grenzdler	20.00	1:45:49	5:17	109	35:27	149	35:27	109.10	9:31:27	5:14	78	2:50:28	114	2:50:28
Neue Ausspanne	13.90	1:16:28	5:30	113	28:01	138	28:01	123.00	10:47:55	5:16	78	3:17:09	114	3:17:09
Kleiner Inselsber	14.00	1:15:08	5:22	78	25:20	101	25:20	137.00	12:03:03	5:16	78	3:41:46	114	3:41:46
Hohe Sonne	19.40	1:36:27	4:58	82	28:38	113	28:38	156.40	13:39:30	5:14	78	4:10:24	114	4:10:24
Hörschel	14.70	1:10:36	4:48	43	22:07	51	22:07	171.10	14:50:06	5:12	77	4:26:43	94	4:26:43