



14. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 16.06.2012

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Leipziger Auewaldläufer

□□□: 15:25:56

□□: 137

□□: 11.08 km/h

□□□□: 5:25 min/km

□□: 171.10 km

Blankenstein-Hörschel

□□□□□: 131 (of 236)

□□□□□□: 10:23:23

□□□□:

□□□□□: 105(of 149)

Männerstaffel

□□□□□□□: 10:23:23

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|-------------------|-------|---------|--------|-----|-------|-----|-------|--------|----------|--------|-----|---------|-----|---------|
| | km | □□ | min/km | - | - | □□□ | □□□ | km | □□ | min/km | - | - | □□□ | □□□ |
| Grumbach | 17.50 | 1:36:28 | 5:30 | 119 | 33:54 | 175 | 33:54 | 17.50 | 1:36:28 | 5:30 | 110 | 33:54 | 161 | 33:54 |
| Schildwiese | 19.80 | 1:47:14 | 5:24 | 116 | 39:52 | 174 | 39:52 | 37.30 | 3:23:42 | 5:27 | 110 | 1:13:46 | 161 | 1:13:46 |
| Neuhaus | 16.50 | 1:54:59 | 6:58 | 149 | 55:56 | 228 | 55:56 | 53.80 | 5:18:41 | 5:55 | 110 | 2:04:54 | 161 | 2:04:54 |
| Masserberg | 18.10 | 1:36:35 | 5:20 | 104 | 39:55 | 143 | 39:55 | 71.90 | 6:55:16 | 5:46 | 110 | 2:37:04 | 161 | 2:37:04 |
| Allzunah | 17.20 | 1:32:46 | 5:23 | 67 | 27:23 | 80 | 27:23 | 89.10 | 8:28:02 | 5:42 | 110 | 3:04:27 | 161 | 3:04:27 |
| Grenzdler | 20.00 | 1:35:43 | 4:47 | 58 | 25:21 | 77 | 25:21 | 109.10 | 10:03:45 | 5:32 | 110 | 3:22:46 | 161 | 3:22:46 |
| Neue Ausspanne | 13.90 | 1:07:54 | 4:53 | 61 | 19:27 | 68 | 19:27 | 123.00 | 11:11:39 | 5:27 | 110 | 3:40:53 | 161 | 3:40:53 |
| Kleiner Inselsber | 14.00 | 1:15:19 | 5:22 | 79 | 25:31 | 103 | 25:31 | 137.00 | 12:26:58 | 5:27 | 110 | 4:05:41 | 161 | 4:05:41 |
| Hohe Sonne | 19.40 | 1:37:48 | 5:02 | 90 | 29:59 | 125 | 29:59 | 156.40 | 14:04:46 | 5:24 | 110 | 4:35:40 | 161 | 4:35:40 |
| Hörschel | 14.70 | 1:21:10 | 5:31 | 91 | 32:41 | 122 | 32:41 | 171.10 | 15:25:56 | 5:24 | 106 | 5:02:33 | 132 | 5:02:33 |